

City Sail Summer Camp Covid-19 Protocols and Program Modifications

This document is intended to augment HRCS general procedures and policies to provide additional specificity for the City Sail program. Those general policies and procedures include boats and facility cleaning, general social distancing procedures at the boathouse and on boat. They can be found on our website.

Smaller Groups: City Sail will work in small groups and in consistent cohorts (boat groups) throughout each session. Each group will consist of no more than 4 campers, 1 instructor, and 1 Junior Educator (counselor in training)

Staggered Schedule: To maintain social distancing and prevent possible congestion, there will be no more than 2 boat groups (8 campers, 2 JEs, 2 Instructors) in the boathouse at a time unless absolutely necessary. To facilitate this, we will be staggering our start times, lunch times, and dismissal times.

For example:

Boats 1 and 2: Instructors arrive at 8:30. Campers arrive at 9:00. Lunch starts at 12:15. Game time starts at 1:00. Campers head back to boats at 1:30. Campers are dismissed at 4:00

Boats 3 and 4 : Instructors arrive at 9:00. Campers arrive at 9:30. Lunch Starts at 1:15. Game time starts at 1:45. Campers head back to boats at 2:15. Campers are dismissed at 4:30.

Campers will wait outside the boathouse before check in and after check out, supervised by a staff member.

Reservations for early drop off and late pick up will be honored. These campers will work on independent activities with the assistance of a JE or program staff outside of the boathouse.

Mandatory Orientation Meeting for All Families

The week before each session, there will be a welcome meeting for parents and campers held over zoom including basic pre-program information:

- Required equipment including face covering - buffs recommended.
- Handwashing practices/expectations
- When to keep a camper home
- Cancellation and refund policies
- What happens if a camper or staff gets sick

This will include the opportunity for campers and families to meet the other campers in their boat groups and get to know them better.

Additional Registration Information

- [Pre-Screening form](#) - This form is for parents to monitor student health throughout the two weeks prior to camp. It includes a daily temperature log that should be started 14 days prior to the camp start date.
- **Waiver**- We are in the process of adding COVID-19 specific language into our waiver and reviewing it with our legal counsel. We will send this out to when it is finalized and will need an updated waiver on file prior to arriving at camp. We will be screening waivers and checking the emergency contact information listed there about a week before camp. Parents can expect a phone call from our office number (212-924-1920) in that time frame.
- **Program Expectations Agreement for Parent and Child**- This agreement covers what our expectations are for parents and campers around personal protection, hygiene, safety, and behavior.

- **Optional Donations:** Due to reducing class sizes we are anticipating significantly higher operating costs for camp this year. However, as an organization, we do not think that this the right time or economic climate in which to raise costs to our families. Outdoor recreation is important and we want to keep it available to the widest possible audience we can. With that, we encourage families who can afford it to make a tax-deductible donation on top of the program fee, so that we can keep our costs low for the families who cannot afford any extra expenditure at this time. [Donations can be made here.](#)

Health Checks

- Staff and campers shall complete a temperature log prior to arriving at the boathouse using [this google form.](#)

Handwashing Schedule/ Policies

- Staff and campers shall wash hands thoroughly with soap and water before getting on the boats, prior to lunch, and before leaving the boathouse.

Additional Required Equipment

- Face Covering or Mask
- Reusable Water Bottle
- Lunch and Snacks
- Sunscreen, hat, sunglasses.
- A Backpack or closed bag to hold all camper belongings

Tracking and Reporting of Potential Covid Cases

- HRCS will follow guidelines for contact tracing outlined by Johns Hopkins University.
- HRCS will keep a record of each participant, who they sailed with, and which staff they had interaction with.
- Staff or campers who show any symptoms of Covid-19 will be sent home immediately. Staff will be required to get tested, and participants strongly encouraged.
 - If a camper starts showing symptoms of Covid-19 while at City Sail, he or she will be sequestered from the rest of the group in the park with a staff member until a family member can pick them up. Symptoms include:
 - Fever at or above 100.5 degrees Fahrenheit.
 - Persistent cough, shortness of breath, or trouble breathing.
 - Muscle or body ache
 - Campers who begin showing symptoms of Covid-19 before arriving to a day of camp should stay home and are encouraged to seek testing. There will be a pro-rated refund for days that sick campers miss.
- If a camper tests positive for Covid-19 and is still in the mandatory isolation period for their illness upon the beginning of their scheduled City Sail week, they will be rescheduled given a refund if that is not feasible.
- If a camper tests positive for Covid-19 and was at the boathouse during their infectious period, their instructor/skipper and the rest of their boat group will be notified, and it will be suggested they quarantine
 - If a camper who has already attended camp tests positive for Covid-19, their instructor and the rest of their boat group will be notified and will be expected to complete 14 days of quarantine from the day of the exposure. Campers will be rescheduled for later in the season or given a full refund.
- If a staff person tests positive for Covid-19 and was at the boathouse during their infectious period, all campers and staff they were in contact with would be notified and it will be suggested they quarantine

Weather: Cancellations for projected bad weather will be made by the end of the previous day by the program director. Campers will be given a project assignment and materials for the day upon time of cancellation and

will have the option to join in on several Zoom calls with staff throughout the day. In the event of unpredicted dangerous weather, camp will head to land and distance in their individual boat groups in the park, or if necessary, spread out within the boathouse to ensure camper safety.

Supplies/ Equipment

- HRCS will provide supplies including soap, hand sanitizer, paper towels, cloth face coverings for staff, and no-touch trash cans.
- Camper backpacks/bags will be stored with the camper at all times.
- Other city sail supplies will be handled by designated staff and disinfected between use (i.e. lily pads, soccer balls, sprinkler and hose).

Boat Groups

- Campers will be grouped into a discrete cohort based on age and skill level. The cohort will stay together for the entire week and will be in the boathouse with only one other boat group at a time.
- Requests for campers to sail with friends and/or siblings will be honored, however sailing with siblings is not mandatory (we know that not all siblings make the best crew-mates!). Parents should email the Program Director with any special grouping requests at least a week before the start of camp.

Special Needs and Accommodations

Please make HRCS aware of any special needs your child might have within the camp. We will do our best to meet the individual needs of all our campers.

Designated Point of Contact for Covid-19 Concerns and Other Issues

If parents, staff, or campers have any questions or concerns about City Sail's Covid-19 policies, or if they need to report symptoms, they should contact Alexe Taylor, Program Director, at ataylor@hudsonsailing.org. If there is an urgent issue, call the HRCS office at (212) 924-1920.